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Happy New Year to you all! As we step into 2024 we welcome the opening of the new home in Chulev Road for The Ashburton Repair Café. fostering a hub for sustainable living. The Post Office extension is also now fully open with HSBC, Barclays and Lloyds banks providing a service for their customers. And Beers Solicitors. will also be available at the Post Office to help you with your legal concerns.

Get ready for another very welcome addition to our town - a wholefood shop is on its way! Stay tuned for the latest updates on this healthconscious venture.

For those with a bit of spare time, please consider lending a helping hand to the Bank Youth Project, the Parish Magazine, or DASH. Discover more about these opportunities in the pages ahead, and be sure not to miss the wonderful photographs sent to us by our talented readers.

See you in March.

Judy 3

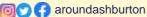


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March / April edition deadline: **Monday 5th February**

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IN THIS ISSUE

Ashburton Repair Café	8
Ashburton Library	14
The Green Hill Sophie Pierce	14
Kay Cook - Happy 70th Birthday!	18
Bank Youth Project	20/60
Ashburton Wholefoods	24
Ashburton Neighbourhood Plan	30
Buckfastleigh Foodbank	30
The Legend of Bowerman's Nose	e 38
Ashburton Town Council	42
Ashburton Portreeve	46
Ashburton Parish Magazine	50
Readers' Photographs	52
Wildlife Diary Peter Exley	72
Ashburton Royal British Legion	74
Burns Night	80
Andy's Man Club	84
What's On	88-91
Useful Numbers	89
Index of advertisers	92/93
Local Clubs & Organisations	94

Front cover image: Bowerman's Nose

(Find out more about Bowerman's Nose on p.38)

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The ASHBURTON REPAIR WORKSHOP is now officially open where a team of skilled volunteers fix items that would otherwise end up in landfill.

Equipped with a bright, safe workspace and a wide range of tools, they can tackle anything that needs mending from toasters to toys, hi-fis to hedge trimmers, and chairs to china.

Fitting out the premises at the **Old Umber Works, Chuley Road, Ashburton**, has been funded by generous donations from sponsors *Glendinning, Grey Matter, Tuckers, Howdens, Falcon Digital, Recycle Devon, Teignbridge District Council* and *Devon County Council*, whose representatives celebrated the opening and had a chance to see some of the work that goes on.

Brian and Gill Raynor showed their intricate repairs skills on "Kathleen" a beautiful 24" gaff cutter with fibreglass hull and plywood deck made by *Albatross Model Yachts* of Paignton. The exquisite pond yacht was brought in by Professor Tony Bolton, needing damage repairs to hull, rudder, mast, as well as re-rigging. He has generously donated the boat for auction, the proceeds to go towards running the workshop.

"We are a charity and rely completely on donations from customers that bring in things for repair," said Nigel Ward, Chair of the Repair Workshop. "Some items only take minutes to fix, others days. It can be almost impossible for people to get domestic appliances fixed nowadays due to manufacturers' deliberate policy of non-accessible construction. But our volunteers don't give up easily, and we have a very high success rate!"

Volunteer Charles Hill-Smith constantly pits his wits against the steady stream of toasters, kettles, and similar appliances that come into the workshop. "We have a large set of specialist tools which can be used to get past the 'blocks' that the makers put in," said Charles. "If I can't figure something out, one of the other repairers will help."

The need for a workshop became apparent with the popularity of the once-a-month sessions that were not enough to cope with demand. Volunteers needed somewhere to work and storage of items incoming and repaired became critical.

"We are victims of our own popularity, but in a good way," said volunteer Michael Cranmer. "Since our first meeting in 2018 we have dealt with thousands of items that would now be in landfill, an achievement that gives me great satisfaction." The sentiment was echoed by Roger Croad, Chair of Devon Authorities Strategic Waste Committee, Devon County Council, who said, "What the team are doing here is truly inspirational."

The Ashburton Repair Workshop is open every Wednesday 3-6pm, and the Repair Café open on the first Saturday of each month at St Andrew's Hall. Customers are encouraged to chat over a tea or coffee and learn how their repair is being done. More volunteers of all ages are welcome too!





Volunteers and sponsors with 'Kathleen'



Charles Hill-Smith soldering



Young repairers welcome!



Tools ready for use

See www.ashburtonrepaircafe.org.uk for all information, where items can be booked in a specific time slot and their progress tracked, and donations and Gift Aid can be made.



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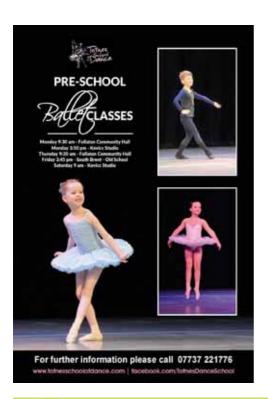
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* Alternate weeks Wednesday 10am-12pm (10th & 24th January; 7th & 21st February) OR

Saturday: 10am-1pm (6th & 20th January; 3rd & 17th February)





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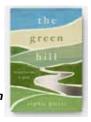






The Green Hill: Life after publication

Sophie Pierce is a writer from Ashburton whose memoir about the sudden death of her son Felix was published in March 2023. Here she reflects on the aftermath of publishing such a personal book.



Writing and publishing a memoir about such a personal and traumatic loss might seem a strange thing to do. But I am a writer by trade and, for me, it was a way of trying to process what had happened, and also, hopefully, provide some insights into grief.

Felix, who was 20, died suddenly and unexpectedly in 2017. His death was put down to SUDEP - Sudden Unexpected Death in Epilepsy.

My book is, of course, about loss, but it is also about love and joy, and the wild landscapes of Devon which have played such a powerful role in my life since Felix died. The "Green Hill" of the title is his burial place at Sharpham Meadow above the River Dart, from where you can see both the moors and the sea: both places where I feel a profound connection with my son.



Felix and Sophie on a Dartmoor walk

Looking back over the months since publication, I feel both gladness and sadness. Sadness that I had to write the book in the first place, but also gladness that I have managed to put a difficult subject - grief - 'out there'. At times it has been hard talking about the issues raised in the book, but I have had some wonderful, hopeful conversations as a result, and I have realised that grief connects us all.

https://unbound.com/books/thegreenhill

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Kay Cook, born in Walthamstow, London, on 14th January 1954, the year of the Snake, representing the symbol of wisdom and intuition, the spirit of which has undoubtedly followed her through her life. Despite enduring some adversity in her younger years, having spent her childhood in the Gracie Fields Home and Orphanage in Peacehaven, her early upbringing was spent with other children of variety artists.

The greatest gift she gave was having had her four children, Natalie, Lucas, Sophie and Teo and with each of us, she has committed herself fully and shown us above all else, the strength of her love. With the later addition of her three grandchildren Bella, Jude and Mani – all of whom experience her sense of magic and wonder.

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Launched into her retirement with a series of life impacting health complications, she endured an unsettled and painful time which not only tested her strength but also hampered her ability to see beyond it. Health conditions which she has now overcome with a renewed mindset and healed body.

Celebrating her 70th birthday, having experienced 7 full decades of learning, teaching and meaning, she will be making an iconic presence in town this year as we encourage her to

celebrate throughout the whole year, in style, building on all her wonderful memories and beginning this next chapter of her life in good health!

Happy Birthday to the most heart expansive mum, playful and authentic Nana, and grounding friend, with additional thanks on your birthday for the beauty and healing of your never-ending love!

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Photo: johngermonphotos.com

THANKS TO MATT

My wife Barbara Daw tripped and fell outside Spar in West Street on the morning of Saturday 18th November. She badly grazed her hand and knees plus banged her head on the pavement. She was very shaken but a knight in shining armour called Matt Mulcrone came to her aid and helped her up, took her to the pharmacy and then got her home. We would like to thank the Pharmacist who temporarily dressed her wounds and the lady who also helped her when she fell.

I took Barbara to Newton Abbot Hospital later that day where her wounds were re-dressed by a very sympathetic nurse called Abi.

On Wednesday 22nd November Matt returned to our home to enquire how she was and gave her a box of chocolates. That is chivalry of the top order and Barbara and I would like to express our gratitude to Matt.

Barbara is battered and bruised and is recovering at home.

Adrian Daw



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BUCKFASTLEIGH FOODBANK CALLS FOR DONATIONS IN "WORST WINTER YET"

As a harsh winter continues, Buckfastleigh Foodbank is calling on the community to donate food and support if they can, to ensure this vital resource can provide help to those in need.

"Buckfastleigh Foodbank gratefully receives food from the public directly and through donations at the Co-op, Tesco and Morrisons," says Foodbank manager Kevin Mitchell. "Firms such as Riverford, Hylsten Bakery, Holne Community Shop and Voyager Coffee also support us generously.



Kevin Mitchell Buckfastleigh Foodbank manager

"But in the last six months food donations from the public have dropped by around 50%, mostly because people are struggling to make ends meet," he said, adding, "This means we have to purchase more of our food, using funds set aside to help provide winter warmth.

"We appreciate not everyone can help, but if you are able, please donate food to us, however little you can afford. Non-perishable groceries are needed the most."

People can donate to Buckfastleigh Foodbank in Ivybridge Tesco Extra; South Brent Co-Op and St Petroc's Church. In Buckfastleigh the Co-Op, Brainwave and St Luke's Church take donations. The Foodbank includes a free café and Citizens Advice, and is at St Luke's Church on Fridays from 10am to 12 noon.

Buckfastleigh Foodbank is part of the Trussell Trust network.



ASHBURTON NEIGHBOURHOOD PLAN

It's that Neighbourhood Plan again..... and things are on the move.

As you will know by now, central to your Consultation responses was the need for more affordable housing in Ashburton. However obvious that may seem to us all, it cannot be put forward simply as the desire of the residents. It will be acceptable only if we can produce hard evidence of need. Such a survey is expensive and beyond local means to fund. To our great relief Teignbridge District Council and Dartmoor National Park along with our Town Council, who agreed unanimously to contribute, are now prepared to carry out the research. In other words, they have put their pennies where their Plan is. That's the good news, the downside is that it all takes so much time to carry out properly.

Meanwhile. we can assure the Council that its Neighbourhood Plan sub-committee is beavering away to present the other topics, highlighted in your consultation, in appropriate planning format. Among these are sections on Heritage, Natural Environment, Economy Employment and Business, Arts and Culture, Tourism, Sustainability and more. You will be able to read all of these and comment upon them before they go forward for approval. After all, it's your plan, your town and your future. Happy New Year.

Barbara Dunball Chair Neighbourhood Plan Steering Group



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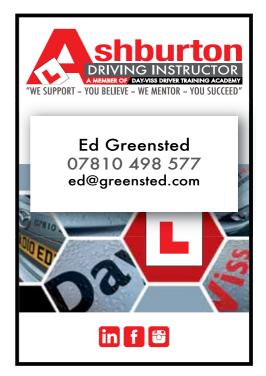
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ASHBURTON HISTORY MUSEUM

We wish all our visitors and volunteers a happy and enjoyable New Year in 2024.

As you are probably aware the museum is now closed until the first week in May 2024. However, our website, Facebook page and email are always available for information, latest updates and of course hearing from you, the people of Devon and also those further away.

Over the last year, we have recruited two new Trustees to join our team and for that we are very pleased and grateful, thank you. We are however hoping to recruit additional volunteer stewards to help run the museum in 2024 and beyond. The stewards are needed to help with the ongoing operation and support of the museum, especially to provide guidance for the many visitors at this very valuable asset for the town and its residents. Please do consider helping us, as we need people to keep this museum alive now and in the future. Many thanks.

Bob Heath

Website: https://ashburtonmuseum2.wixsite.

com/mysite

Email: ashburtonmuseum2@live.co.uk Facebook: "Ashburton History Museum"



Date for your diaries.....

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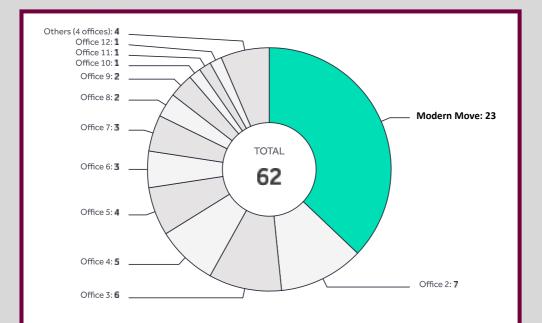


Jerry

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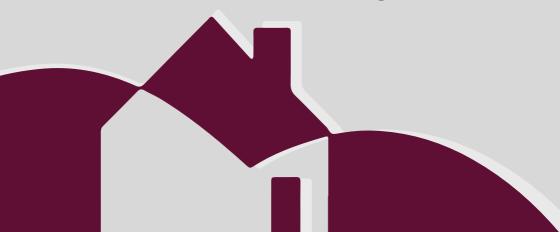
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THE LEGEND OF **BOWERMAN'S NOSE**

There are many outcrops of granite on Dartmoor: some are massive and awe inspiring such as Vixen Tor but none are more strange than the tall column of rock known as Bowerman's Nose. The following story has long been told on Dartmoor to explain how the tall, human



looking column came to be where it is.

Many, many years ago there lived on the Eastern part of the Moor a man who was know as Bowerman the Hunter. Bowerman was a tall, powerful man who owned a pack of large, fierce hounds and whose chief delight was in hunting on the moors he loved so well. Besides being a keen hunter, Bowerman was a jovial kindly man who was generous to the poor people of the Moor and who was popular and well liked by everyone who knew him, or at least, almost everyone. At that time on Dartmoor there were many witches who held their meetings in secluded spots on the Moor and terrorised the local people who were afraid of them. All except Bowerman who was afraid of no one, "not even the Devil himself", he used to say, which the local people used to think was tempting fate and the Devil. The witches disliked Bowerman partly because he wasn't afraid of them but mainly because he encouraged others not to be afraid. Indeed the witches were just a bit afraid of Bowerman because of his great strength and of his pack of fierce hounds who went everywhere with him.

One dark autumn evening Bowerman was out hunting with his pack, hot on the scent of a hare. Just as they looked like catching it, the hare turned into a narrow valley, closely followed by hounds and by Bowerman himself. Now this valley was one where the witches used to hold their Sabbaths and they were in the middle of their weird rites when suddenly hare, pack, and Bowerman himself burst in upon them. The



hare ran on through, the dogs barked and the hunter roared with laughter as he continued the chase, leaving the witches shrieking with rage.

The witches were very angry indeed and, once they had settled down, plotted their revenge. One of the witches, Levera by name, had the power to turn herself into a hare and this she did placing herself where Bowerman and the pack would find her, while the rest of the evil brood prepared an ambush. Bowerman and the pack. having lost their prey in the witches' valley, were casting around when they picked up the scent of Levera who was in the guise of a hare. The pack gave tongue and took up the chase closely followed by the delighted Bowerman. Levera led them a chase such as Bowerman had never experienced; hour after hour across the rough peaty moorland, up hills and over tors, across streams and through river valleys the chase went on, sometimes only yards from the prey and sometimes almost out of sight. At last, when BowermanBowerman's noseand his pack were almost completely exhausted, the trap was sprung. Levera slowed down, almost allowing herself to be caught then suddenly turn abruptly round the side of the tor where the witches were hidden, followed by Bowerman and his hounds. The exhausted hunter suddenly found himself surrounded by a horde of evil, shrieking witches who combined to cast a powerful spell turning Bowerman and his hounds to stone where they stood. You can still see the stone figure that was Bowerman with his pack of stone hounds scattered around just as they were that fatal day and sometimes, when the night is misty or moonless people claim to have heard Bowerman and his pack following some quarry.

This is not the end of the story however. The people of Dartmoor were so angry when they heard of the fate that had befallen their friend that they too forgot their fear of the witches and determined to drive the witches out of Devon for ever. The witches, realising what a hornet's nest they has stirred up mounted their broomsticks and were carried on the wind over the Bristol Channel into Wales. That is why, even to this day, many Welsh women wear tall, pointed witch's hats and why there have never since been any evil witches in Devon.

(See our Bowerman's Nose front cover image photogaphed by Devon Blackstone.)

Images © Dartmoor National Park Authority

Further info: www.dartmoor.gov.uk & www.legendarydartmoor.co.uk







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Diary Dates

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Heather, Frank the dog and Suzy



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ASHBURTON TOWN COUNCIL Counciller Surgering

Councillor Surgeries

From February the town council will be having bi-monthly councillor surgeries. These are opportunities for any resident of Ashburton to seek advice or report problems. They will be two-hourly sessions with the first hour bookable if you would like to see a councillor in confidence, please contact the town clerk to book an appointment. The second hour will be a drop-in session. Dates for your diaries are: 17 February 11am to 1pm, 2 April, 5pm to 7pm, 5 June 11am to 1pm. Alternatively, you can always contact the Town Clerk's office. The office is open 12 noon to 2pm Monday to Thursday.



The recently refurbished main hall

Parking on Woodland Road/Whistley Hill

This has always been a problem during school drop off and pick up. The road markings indicate no stopping at any time. However, many parents do not heed the markings. Parking here is dangerous and anti-social. Report any parking issues via the Devon County Council website: https://www.devon.gov.uk/roads-and-transport/report-a-problem/report-a-parking-problem/

Organisations' Open Day

The town council is organising an Open Day on Saturday, 9th March between 10am and 2pm in the town hall. This event is open to any Ashburton organisation that would like to attend. Please contact Cllr Karen Turner on 07896 855541 or email cllrkarenturner@outlook.com to book a place. There is limited space so please book as soon as possible.

Ashburton Town Hall

The main hall was recently refurbished and has opened up the vaulted ceiling. This room is even more attractive now for all types of bookings. Contact the Town Clerk's office for availability.

A couple of projects currently being undertaken by the council:

- We are in the process of exploring co-ownership of the old youth club in Stapledon Lane with Ashburton Community Land Trust. This may in the future be turned into affordable flats for the community.
- We are now employing a Town Ranger who is tasked to clean up areas of the town that are in need of some TLC. He also does some general maintenance for the town council on areas of land that it is responsible for.

To contact the town clerk please email townclerk@ashburton.org or telephone 01364 652142.

Office open: Monday to Thursday 12 noon to 2pm.

Cllr. Karen Turner Ashburton Town Council



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KATH PUGH ASHBURTON PORTREEVE



I was honoured to be sworn in as the 1203rd Portreeve of Ashburton on 28th November 2023 together with my Master Bailiff, Martyn Brooks.

This was followed by the Portreeve's Sunday church service. I would like to thank The Right Reverend Dr Mark Rylands for his support and guidance to produce this wonderful service and The High Sheriff of Devon, The Right Reverend Dr Nick McKinnel, for his perfect address to the congregation.



L-R: Martyn Brooks (Master Bailiff), Right Reverend Dr Nick McKinnel and Kath Pugh. Photo © johngermonphotos.com

During my year as Master Bailiff I was privileged to be invited as the Standard Bearer of the Ashburton Branch of the Royal British Legion to attend the Coronation of King Charles III. During this I met a number of people, but would like to especially mention Arlene Reid (Area Standard Bearer for British Legion Scotland) and Tony Hooman (National Parage Marshall for British Legion Scotland), both of whom I was delighted joined me for the parade and service.

As Portreeve, I will be holding fundraising events to support my two chosen charities, *Moorland Community Caring* (their Dementia aspect) and *The Parent and Teacher Association of Ashburton Primary School*, raising funds for new playground equipment.

Dartmoor Lodge is once again supporting the Portreeve's charities with a Portreeve's Pick or two on its menu, from January 2024. So, while you are having a delicious lunch or dinner supporting a local business, you can also help support my chosen charities.

My first fundraising event will be in March, more details to follow.

In addition to my charities I would be delighted to support any events you are holding. If you would like to get in touch please email me on

katherinejpugh@outlook.com or ashburton.portreeve@gmail.com Katherine (Kath) Pugh

Past Portreeves of Ashburton

by Pete Webb



A short history of the office of Portreeve in Ashburton, Devon

The new 36 page edition of 'Past Portreeves of Ashburton' is now available from the author or from Ashburton Information Centre.

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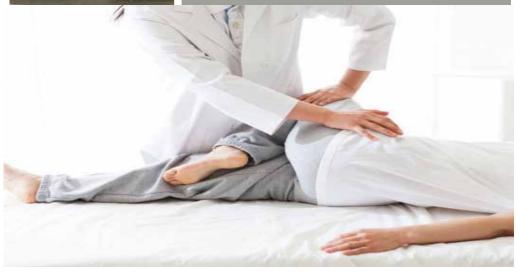
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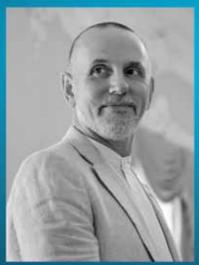


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THE PARISH MAGAZINE

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that 'Around Ashburton' readers might step forward to help. If you are interested, please call Barbara Dunball on 01364 652710.

I would like to raise a toast to Ashburton's Church Magazine. Well, to all Church Magazines, there must have been one for almost every parish. Once.

Here were the details of a vibrant community, who was doing what when.

How it went, recorded for the reader for the next month's issue.

Information on what to... and how to.... And who to, too.

Words from the vicar, Bible studies, the local branch of A.A.

Details of events at Rotary, the W.I. the Toddlers' playgroup.

Words of wisdom and fun cartoons.

For ours we particularly thank Judith Lewis and Gill Sheridan for both presentation and content.

It is glorious to have, 'Around Ashburton' too now, the two complimenting each other. Thank you, Judy Marshall. Also, thank you to everyone who has contributed to either.

Yet, please may a perceptive young person pick up some old copy of the Church Magazine and think: 'Hey! There's room for this, too!'

Kay Graymore Ashburton resident



The Ashburton Repair Café Celebrates Five Years Success

At the Repair Café we've fixed thousands of items since 2018 – things that would have been consigned to landfill. Hair straighteners, toys, zips, DVD players, kettles (lots!), printers (many, many!), secateurs (quantities!), teddies, jumpers, china, mowers, Bibles, vacuum cleaners (loads!)... the list goes on.



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The Ashburton Repair Workshop is open every Wednesday 3-6pm, and the Repair Café open on the first Saturday of each month at St Andrew's Hall. Customers are encouraged to chat over a tea or coffee and learn how their repair is being done. More volunteers of all ages are welcome too!

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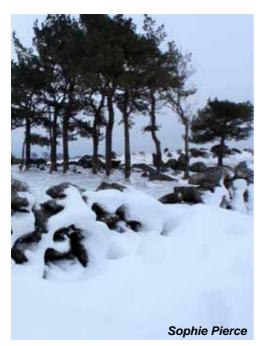
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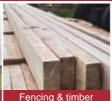
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Ashburton u3a

Tuesday 23 January
Ashburton Town Hall 2.30pm
Talk by Nicola Knight
"The Journey of Fine
Chocolate from Bean to Bar"



Nicola Knight, founder and chief chocolate maker at Exe Chocolate, leads us through a journey of how chocolate is made (from tree-to-bar) and explains how to use all of your senses in chocolate tasting. At the end of the



session, you will be able to purchase Exe Chocolate with a 10% discount.

Tuesday 27 February
Ashburton Town Hall at 2.30pm
Talk by Peter Edwards
"Canaletto, Picture, Painter par excellence"

Prof. Peter Edwards discusses Canaletto's life and main influences, heavily illustrated with photographs of Venice.

Although Antonio Canaletto was born and lived most of his life in Venice, a lesser-known fact is that he also spent 10 years working in England, living for two years in London. This was just part of a fascinating personal life as well as a life that produced a large body of artwork – artwork that is current, even by today's standards!



St Mark's Square, Venice

Non-members are welcome to attend our talks, £4 payable on the door which includes tea, percolated coffee & biscuits from 2.15pm. If you would like to find out more about our activities, or better still to join us for one or more of our interest groups, visit:

www.u3asites.org.uk/ashburton

Jayne Hartley, Speaker Secretary 01364 654008



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Ashburton-Cleder Twinning Association



SATURDAY 3th FEBRUARY 2024 ASHBURTON TOWN HALL 8.00 p.m.

COME AT MEET US FOR A DRINK AND NIBBLES



We cordially invite any member of the local community who may be interested to find out more about the town's Twinning Association to join us for Drinks and Nibbles and chat with us to see if you would like to join us.

We have one exchange visit each year with our friends in Cleder in Brittany, and one exchange visit when they come to Ashburton.

We will be holding our AGM just prior to our open evening at 7.30p.m. on the same evening so you are also invited to attend the meeting if you wish. You will be most welcome.

If you would like to know more prior to the evening please feel free to ring or email:

Janet Lockwood-Lee

Mobile: 07980 616438

E-mail: janet.drake123@btinternet.com





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February 16th
Murder Mystery Night
March 10th







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www.ashburtonrepaircafe.org.uk



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59





Calling friends and supporters.... Local heroes needed!

New Year, new logo... and the Bank Youth Project is still going, after 25 years! It's quite an achievement, especially given the lack of funding for youth services. Rural areas in particular miss out. We think all young people need and benefit from access to social opportunities out of school, such as open access youth clubs like BYP.

Much of our success has been down to the unwavering support of our Trustees, some of whom have been part of BYP's Management Group since the early days, and who have steered us through good times and bad. But time moves on, and we are now looking for some new local heroes to step up and help support our work with young people. You don't have to know 'all about youth work', or commit huge amounts of time, you just need to have an interest in the wellbeing of our younger folk - the town's future - and some spare time and ideas. You might be an ex-member or parent who has experienced BYP; you could have professional or personal skills to offer; and we are particularly keen to find someone with finance experience/interests, as our Treasurer shortly steps down after five years. Please do think if you or someone you know might enjoy this kind of role.

Thank you!

For more information about BYP please visit bankyouthproject.org.uk.
You can also contact admin@bankyouthproject.org.uk, or our Chair Alison Irens, or Treasurer Deborah Sterling.





Intergenerational Community Play 2024: The Experiment!

MED Theatre, Dartmoor's own community-based theatre organisation, will be back on tour in March 2024 with their latest production. The play will be part of a larger project called 'What If...?', made possible with support from The National Lottery Heritage Fund.

A group of children are dropped off at a location on Dartmoor excited to enjoy a fun week of camping, when their leaders have an accident and have to be rushed to hospital leaving the children alone and unprovided for. Unbeknown to them, they are part of an experiment that their parents secretly signed them up for: is the hunter-gatherer instinct still intact? Can humans survive with only the land to live off despite the present-day short cuts to food and a reliance on technology? The scientists and parents watch on hidden cameras as the dangers get more and more extreme until eventually they need to step in, but for one child does their intervention come too late?

Save the date: Performances will be 15th,16th March Manaton Parish Hall, 19th Winkleigh Village Hall, 20th Buckfast Southpark Hall, and 22nd, 23rd Moretonhampstead Parish Hall. For more information, please head to the company's website:

www.medtheatre.co.uk/whats-on/



Scene from last year's production

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Community garden located behind the Royal British Legion Hut

Ashburton Growing Space will bloom in 2024!

This coming year we have decided to shift our emphasis from growing food to growing flowers.

We were inspired during the Spring of last year by a community garden that focused on flower growing. Flowers that were nurtured by volunteers and then shared with nominated people in the community.

Whilst we love growing food, this idea really captured our imaginations and we feel it has such potential to bring a bit of happiness around at a time when it is most needed. Growing and sharing a little bit of joy.

So, this year we are going to be focusing on filling our garden with flowers and invite you to join us. We will share how this project will work, but for now we ask anyone who would like to be involved to get in touch. We welcome your time to help grow on flower plug plants, or to sign up to be part of our 'flower delivery service'. Maybe you have a little bit of spare flower growing space at home you would like to dedicate to the project.

We will continue to meet twice a week and dates will be confirmed as the season progresses.

So if you would like more info, or to express an interest please visit our facebook page 'Growing Space' and message us.

Other events - we will be raising money for Ashburton Swimming Pool by holding a *Go Big Cream Tea* over the Easter Holidays. Look out for posters and for information on our facebook page.

Quick final note - a thank you to Jane Bark who has illustrated our beautiful new logo which we will be printing on bags and clothing to help us stand out around town!

The Rotary club of Ashburton & Buckfastleigh are pleased to have



been able to support

the initiative to donate Christmas puddings, provided by the members to both the food banks in Ashburton and Buckfastleigh. With the current economic climate, food banks have found that their donations have dropped by around 50%. This has meant they have had to purchase some of the food they donate, using funds that they had set aside to help provide winter warmth.

The idea of donating Christmas puddings came to the attention of Geoff and Diana Fitch when they were visiting the Rotary Club of Paignton during Scatter Week. On this visit they also had an opportunity to meet up with John and Marion who had come to help with Ashburton & Buckfastleigh at their Atrtex exhibition in the summer.

Scatter Week is when several of the club's members visit other Rotary clubs, always a great opportunity to exchange ideas. In addition to Geoff and Diana visiting Paignton, club president, Val Browning and Philip Vogel went to St. Ives, Graham Smart to Newton Abbot and Mike Swift and Philip Darby to Dartmouth. Every club gave them a really warm welcome.

Recently the club has been delighted to welcome Graham Hooper and on his first visit it was great to meet members' wives along with Associate Member, Sandra Coleman.

There have been some very informative and entertaining speakers, including Rtn. Geoff Randall of the R.C. of Torquay explaining about his experience as a scientist working in the environment. The club also welcomed Daniella Hopkins from Children's Hospice, South West, explaining about the work of the hospice. She had recently become a Rotarian, joining the club in Newton Abbot.

Christmas of course saw Santa in his float travelling around Buckfastleigh & Ashburton. Thanks especially to Santa, at this very busy time for him and everyone who helped.



Sandie Perraton





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Real Christmas trees can be recycled at the Ashburton drop off point (see below).

Garden waste subscribers can place real Christmas trees inside their green bin provided the branches are less than 10cm thick. Christmas trees left outside of green bins will not be taken. Please remember to remove all decorations!

Groves Homes site (formerly Tuckers)
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Please do not leave Christmas trees at this site outside of the dates given.









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May I start by wishing all our members and friends a Very Happy and Healthy 2024.

As we look back at 2023, whilst we recognise that we are still in the aftermath of Covid. confidence is now growing and our Socials, Trips and Coffee Mornings are being well attended. It is so good to see so many of us enjoying each other's company again. Our plans for the New Year are well underway and we kick off on 4th January with a Fun Afternoon including Quiz and Bingo. We hope to see you all at St. Andrew's Church Hall at 2.30pm. This will be followed by our AGM and New Year Tea on Thursday, 1st February, again at 2.30pm. Look out for our full diary for 2024 coming soon! New members and guests are always most welcome to any

Margaret, Chair 01364 653526

of our events.



Slightly older in other places





It's that time of the year when it is very important to stay safe and warm in the cold winter weather. If we do have snow and ice please look out for those less fortunate than yourselves. If you need assistance or salt for spreading please contact:

The Town Hall on 01364 652142 Email: townclerk@ashburton.org Monday to Thursday 9am to 4pm

You can also use the yellow salt boxes dotted around the town. If you notice that these boxes need topping up please contact the town hall.

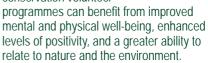
Ashburton Town Clerk

(See p.89 for winter driving advice)

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WILDLIFE DIARY

By Naturalist and Conservationist PETER EXLEY

Exotic winter visitors to look out for



The nights may be long, the days dark, but there is still colourful and beautiful wildlife to be seen in the mid-winter months. And this winter is looking like it could be a really good one for exotic visitors.

I've just spent the last few weeks photographing some of these up on the Moor. On a chilly, damp morning, I was at Emsworthy, Devon Wildlife Trust's wonderful reserve just near Haytor. The hawthorns are dripping with deep red berries (or to be precise, pomes, a type of fruit such as apples and pears), the heaviest crop I've seen in years. Suddenly a flock of birds erupts from the bushes, chacking-chacking noisily as they drop into a nearby tree.

These are fieldfares, large members of the thrush family with a beautiful purply-blue head and rump, deep russet wings and a strongly marked chest. Amongst them are a few smaller thrushes. Some are brownish with distinct white eyestripes - redwings. But there are also much darker birds. At first sight they look like our familiar blackbirds, but a closer look reveals a bright white collar on one. These are ring ouzels, true upland denizens, prompting one of their old country names – the moorland vicar! All are visitors from the north, the fieldfares and redwings from Scandinavia, the ring ouzels possibly from northern England and Scotland.

As I write though, there are exciting sightings coming in of another northern visitor - waxwings, or to give them their full, more exotic name, Bohemian waxwings. The size of a thrush but



with a smart crest, biscuity plumage, stubby tail and dark facial patches that make them look stern, their wings have white bars, yellow patches and 6 feathers with bright red tips... from which their name derives (as if dipped in sealing wax). Their tail is every more colourful, tipped in bright yellow. They too are seeking out berry-laden trees and bushes. Waxwings are known as an eruptive migrant - most years just a few birds reach our shores, but just occasionally, vast numbers arrive, turning up all over the country.

The signs are good that this could be a waxwing year... good numbers are already turning up along the east coast. Maybe some will find their way down our way? They can turn up in some unusual places. The last eruption brought a flock feeding on the bushes in the central reservation on the A38, whilst others were frequently seen on ornamental berry shrubs in supermarket car parks.

You can keep up to date with the latest bird sightings on the Devon Birds website (devonbirds.org).

And you can find more on these and our other bird species on the RSPB's A-Z of Birds (rspb.org.uk).

Follow me on Instagram for photos of the latest nature sightings - @Wildexley

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ASHBURTON ROYAL BRITISH LEGION

Hello and a Happy New Year to you all.

Firstly we would like to say a huge thank you to everyone who supported the various Remembrance events throughout November. We laid over 60 wreaths at the Remembrance Service this year which just goes to show how well the Poppy Appeal and Remembrance is supported in Ashburton. I would like to say a huge thank you to all out street collectors, businesses, volunteers and helpers both throughout the week and with the extremely successful Poppy Ball. We will be in contact with you all individually over the coming weeks to thank you in person.



We are still awaiting the final totals from the Poppy Appeal for things like Gift Aid. However we can tell you that you managed to raise well in excess of £12,000 for the Poppy Appeal this year which is massive and we can only thank all of Ashburton for their generosity. We will confirm the final amount in the coming months once the final statement is received from the Poppy Appeal.

At the branch we are already beginning to plan next year's events - 26th January will be our annual Burns Night. Tickets for this event are already on sale so please keep an eye out for posters and on our Facebook pages.

Once again we cannot thank you enough for your generosity and would like to wish you all a very Happy New Year.



Martyn Brooks (Chairman) John and Amanda Germon (Poppy Appeal Organisers) johnlgermon@yahoo.co.uk 07856 237833

If you are currently, have been, or the immediate family member of the armed forces and need help, support or advice please contact the RBL on 0808 802 8080.

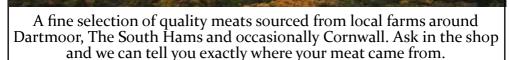


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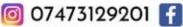
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Sue Blagburn is a qualified Humanistic Integrative Counsellor Registered with the BACP. She is also an experienced coach in both professional and Personal growth. She has various qualifications and cpd in equines assisted experiential learning & Therapy and is also a qualified BHSAI British Horse Society Coach who has worked professionally with horses either full time or partime since she was 16 years old.

For further details and to book an initial informal chat over the phone or Zoom please contact Sue Blagburn 07831 865259 or email awarenesswithhorses@btconnect.com

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What day of the year combines haggis, whisky and poetry with lots of fun and laughter? 25th January - Burns Night of course!

WHAT IS BURNS NIGHT?

Burns Night is widely renowned as a commemoration of the famous Scottish poet Robert Burns' birthday. Every year on 25 January, this night is celebrated – and not just in Scotland but in spots around the world – with a Burns Supper showcasing the best of traditional Highlands cuisine.

HOW DID THE BURNS SUPPER BEGIN?

The first Burns supper was held in July 1801 when nine of Burns' close friends got together to mark the fifth anniversary of their friend's death. Taking place at Burns Cottage in

Alloway, the night included a tasty meal (haggis, of course!), performances of Burns' work and a speech in honour of the great Bard (now known as the Immortal Memory). The night was such a resounding success they decided to hold it again (this time in honour of Rabbie's birthday), beginning the tradition we still enjoy to this day.

WHAT HAPPENS AT A BURNS SUPPER?

Everyone enjoys a hearty feast (which includes haggis, neeps and tatties, rounded off with drams of whisky), some of Burns' poems and songs are recited and tributes are made to the great Bard.

Each Burns supper is individual, but the running order normally goes something like this:

To start – everyone gathers, the host says a few words, everyone sits and the *Selkirk Grace* (Scottish prayer) is said.

The meal – the starter is served, the haggis is piped in and the host performs *Address to a Haggis*. This poem was written by Burns to celebrate his appreciation of the haggis.

Everyone toasts the haggis and the main meal is served, followed by

After the meal – the first
Burns recital is performed,
the Immortal Memory (the
main tribute speech to
Burns) is given, the second
Burns recital is performed,
then there's a *Toast to the*Lassies, followed by a *Reply to*the Toast to the Lassies, before the

final Burns recital is performed.

To end the night – the host gives a vote of thanks, everyone stands and sings *Auld Lang Syne*, crossing their arms and joining hands at the line 'And there's a hand, my trusty fere!'.

But remember, if you hold your own, you can follow as much or as little of this running order as you like. You could even make your own additions – hold a quiz, play an epic Scottish Spotify playlist, add a ceilidh, include a treasure hunt – we don't think Robert Burns would mind at all, as long as you're having fun!





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ANDYSMANCLUB #ITSOKAYTOTALK



WHAT IS ANDYSMANCLUB?

ANDYSMANCLUB is a free peer-to-peer group that provides a place for men to come together in a safe and open environment to talk about the issues or problems that they have faced or are currently facing.

HOW DOFS IT WORK?

The process is about bringing men together who have been in similar situations, to help each other on a peer to peer basis, sharing how they have dealt with various situations through lived experiences. No matter how big or small your problem feels, we are here to support each other. The 5 questions that are asked each week are designed not only to encourage men to talk, but to start to focus on the positives and on strategies to keep moving forward. There is no pressure to answer any of the questions and it is not uncommon for men to just listen for the first few sessions.

The clubs all run on the same format and adhere to the same guidelines. A key principle of ANDYSMANCLUB is anything that is said in the club, stays within the club.

WHO IS IT FOR?

The club is open to any man 18 or over, who is going through a storm, been through a storm or just wants to meet a good group of people with the aim of improving one another.

WHEN IS IT?

ANDYSMANCLUBs meet every Monday at 7pm (excluding Bank Holiday Mondays).

WHERE IS IT?

ANDYSMANCLUB has over 100 locations across the UK. Check our website below for a full list.

HOW DO I JOIN?

Just turn up on the night. No registration or referral is required, all we ask is that you arrive before 7pm. The full list of our locations available on our website.

CONTACT US

- f @andysmanclub
- @ @andysmanclubuk
- info@andysmanclub.co.uk

- @andysmanclubuk
- andvsmanclub.co.uk
- m andysmanclub

WATERLEAT FARM

SELF CATERING HOLIDAY BUNGALOW SHORT AND LONG TERM LETS WELCOME

01364 652000



A one bedroom, spacious annexe set in the peace and quiet of the Dartmoor National Park ideally located for the moors. Double bedroom with optional sofa bed to double occupancy. Bathroom with bath and shower. Large, fully equipped kitchen. Parking on site. WiFi. Dual aspect lounge views across the lawn where you can watch the woodpecker, robins and many other species. Additional private garden to the rear.











SELF-CATERING HOLIDAY LET - ASHBURTON

Bright, spacious self-contained holiday cottage - sleeps 2 Bedroom (kingsize bed) • Large bright living room Own garden • Off road parking • 5 minute walk to town northmillashburton.co.uk



















DASH NEEDS YOU!

DASH is an independent Ashburton Charity, existing solely for patients of Ashburton Surgery, to provide transport to medical appointments.

We are all volunteers giving our time freely. All drivers receive the Government approved mileage allowance from DASH, the cost of which is covered by the donations given by the patients we transport. The journeys we undertake are to either medical appointments, or deliver prescriptions to patients' homes.

It is very rewarding and the thanks and gratitude we receive from our patients is amazing. Our volunteers come from among your friends/neighbours and we would be delighted to welcome you to DASH as a volunteer. We don't ask for much, some free time, a current driving licence, insured car and a willingness to drive to Ashburton, Newton Abbot or Torbay, occasionally further afield. You can offer to drive as often, or as little, as you have the time for.

If you are interested please call 01364 653335. The line is manned Monday to Friday between 10am and noon; outside those hours please leave your details on the answerphone, we will ring you back to discuss full details.

We look forward to hearing from you.

Miggs Pomeroy-Evans
DASH Co-ordinator

Registered Charity No 1116549



ASHBURTON FOOD BANK



St. Petrock's Cottage Eastern Rd, Ashburton TQ13 7AP (Opposite Ashburton Surgery)

A TOTALLY CONFIDENTIAL SERVICE FOR ALL IN FOOD NEED

Covering Ashburton and surrounding villages and hamlets within the area of Holne, Postbridge, Widecombe, Bickington, Woodland and Landscove

Opening times 2.30 - 4pm Mondays and Thursdays

If you cannot get to the Food Bank we can offer a free delivery service

For further information please call

07767 453844

and leave a voice message with your name, address and phone number

Join the team at Buckfastleigh Foodbank Would you like to help provide essential groceries for local people in need?

We are seeking volunteers to join this friendly team on Friday mornings. Roles include making up food parcels, general admin and helping in the community cafe. Experience is not essential.



Foodbank volunteers

The Foodbank is open every Friday from 10am til noon at St Luke's Church, Plymouth Road, Buckfastleigh TQ11 0DA.

For more information email: info@buckfastleigh.foodbank.org.uk or call Kevin Mitchell on 01364 644485.

Buckfastleigh Foodbank is part of the Trussell Trust network.



Locations of **Defibrillators** in Ashburton



The locations of all the public defibrillators in Ashburton are listed below by address and with their What3Words reference (see https:// what3words.com/). It is essential to call 999 in a cardiac emergency, in addition to dispatching the emergency services, the operator will be able to direct you to the nearest defibrillator and give you the code for any locked cabinets.

Worried about using a defibrillator? Don't be - the devices are very intelligent and will talk you through the process and in some cases display helpful videos.

Balland Stores

13 Balland Pk, TQ13 7BS

W3W: ///massaged.officer.onlookers

Cabinet: Unlocked

Grey Matter Ltd

Prigg Meadow, TQ13 7DF

W3W: ///chapels.fidelity.shoebox

Cabinet: Locked - call 999

Ashburton Surgery

1 Eastern Road, TQ13 7AP W3W: ///tells.burden.pursue

Cabinet: Unlocked

Information Centre

Kingsbridge Lane, TQ13 7DX W3W: ///spirits.decently.goals

Cabinet: Unlocked

St Andrews Church Hall

2 St Andrews Close, TQ13 7DT W3W: ///newer.went.slicing

Cabinet: Locked

Call 999 (the code is printed on the cabinet)



Ashburton Library 4 St Lawrence Lane Ashburton TQ13 7DD 01626 886899

ASHBURTON I IBRARY IS OPEN 8.30am - 5.30pm MONDAY TO SATURDAY



Staffed hours are as follows:

Monday 10am - 1pm and 2pm - 4pm

Tuesday 2.30pm - 4.30pm Wednesday See below*

Thursday 10am - 1pm and 2pm - 4pm

10am - 12pm Friday Saturday See below*

* Alternate weeks

Wednesday 10am - 12pm (10th & 24th Jan; 7th & 21st Feb)

Saturday: 10am - 1pm (6th & 20th Jan; 3rd & 17th Feb) ashburton.library@librariesunlimited.org.uk

www.devonlibraries.org.uk 💟 ashburtonlib 📢 ashburtonlibrary 🥘 ashburton.library



Every day our team of SSAFA Devon volunteers are making a lasting difference to the lives of serving personnel, veterans and their families. MAKE YOUR TIME COUNT

To find more about Devon volunteering roles that will make the most of your talents email: devon.branch@ssafa.org.uk call: 07483 170 351 visit: ssafa.org.uk/volunteer



REGULAR EVENTS ON PAGE 90

Thursday 4 January

Ashburton Pensioners - Fun Afternoon including quiz and bingo. St Andrew's Church Hall, 2.30. See p.68.

Saturday 6 January

Ashburton Repair Café. St Andrew's Church Hall. 07761 045146 See p.8/50/58

Sat 6, Sun 7, Sat 13, Sun 14 January

Christmas tree recycling drop off at Groves Homes site, Chuley Road. See p.65.

Tuesday 9 January

Cafe and Pop Up Stalls. Ashburton Town Hall. 9.30-11.30. See p. 56.

Wednesday 10 January

Ashburton and District Gardening Association. Talk by Peter Savage of Bowden Hostas: 'All about hostas'. 7.45pm at St Andrew's Church Hall. All welcome. Martin Woollacott 01364 652073.

Thursday 11 January

South Devon Alpine Garden Society. Talk by Mickey Little - Avon Bulbs - 'Snowdrops -Fair Maids of February'. Rattery Village Hall, 2pm. All welcome. £5 for entry, tea, cake and raffle tickets.

Saturday 13 January

Bickington Community Lunch Club at the Village Hall. Midday-2pm. See p.34.

Tuesday 23 January

Ashburton u3a - talk by Nicola Knight: "The Journey of Fine Chocolate from Bean to Bar". See p.56.

February 2024

The Garden House, Buckland Monachorum. Snowdrop Festival featuring over 350 species.

Thursday 1 February

Ashburton Pensioners - AGM and New Year Tea to be held at St Andrews Church Hall at 2.30pm. See p.68.

Saturday 3 February

Ashburton Repair Café. St Andrew's Church Hall. 07761 045146. See p.8/50/58.

Saturday 3 February

Ashburton Twinning Association - Drinks and Nibbles, Ashburton Town Hall at 8pm. Janet Lockwood-Lee 07980 616438. See p.56.

Wednesday 7 February

Widecombe History Group Talk: 'Wildlife on Dartmoor'. Passionate naturalist and artist from Buckfastleigh, radio and TV presenter John Walters, whose work features in many publications. All welcome. Church House, Widecombe, 7.30pm (doors open 7pm). Rosemary Mortimore 01364 631238.

Saturday 10 February

Bickington Community Lunch Club at the Village Hall. Midday-2pm. See p.34.

Wednesday 14 February

Ashburton and District Gardening Association. Talk by Ken Neal: 'Gardening for Wildlife'. 7.45pm at St Andrew's Church Hall. All welcome. Martin Woollacott 01364 652073.

Saturday 17 February

Ashburton Town Councillor surgery. 11am to 1pm. See p.42.

Tuesday 27 February

Ashburton u3a - talk by Professor Peter Edwards: "Canaletto, Picture, Painter par excellence". See p.56.

ADVANCE NOTICE

Saturday 9 March

Town Council Organisations' Open Day, 10am to 2pm. See p.42.

Saturday 23 March

Support the Royal Marines! Please support a Coffee Morning for the Royal Marines Association. 10-11.30am. Ashburton Town Hall. Cake stall, plant stall, book stall, etc. We need your support, thank you. (See p.34)

USEFUL NUMBERS

Age UK advice	0800 169 6565
Alcoholics Anonymous Helpline	0800 9177 650
Ash/Bfl Wellbeing Centre	01364 652203
Ashburton Community Care	01364 712013
Ashburton Food Bank	07767 453844
Ashburton Information Centre	01364 653426
Ashburton Post Office	01364 652256
Ashburton Primary School	01364 652343
Ashburton Repair Cafe	07761 045146
Ashburton Surgery	01364 652731
Ashburton Pool May to September	01364 652828
Out of season - Anna Hattersley	01364 654918
Ashburton Town Council	01364 652142
Ashmoor Sports Centre	01364 654303
Buckfastleigh Medical Centre	01364 642534
Buckfastleigh Primary School	01364 643304
Chemist - Ashburton (Lloyds)	01364 652222
Chemist - Buckfastleigh (Boots)	01364 642325
Churches Together in Ashburton:	01304 042323
St. Andrew's Church	
Rt Revd Mark Rylands	01364 716309
Team Administrator	01364 654280
Ashburton Methodist Church	01304 034200
Revd Kevin Hooke	07772 571647
Sandy McFeat	07860 555206
Our Lady of Lourdes & St. Petroc	07800 333200
Father Dominic May	01364 645526
Citizens Advice (general)	03444 111444
Citizens Advice (Gutreach Service	03444 111444
B'leigh Medical Centre, Fri am)	01364 642534
Crimestoppers	0800 555111
DASH	01364 653335
Domestic violence and	0130+ 033333
abuse service helpline	01626 365087
Electricity (emergency)	0800 365900
Gas (emergency)	0800 111999
Macmillan Help Line Free & confidential	0808 808 0000
NHS Direct / Out of hours urgent	
non-emergency healthcare	111
Police	101
Royal Devon & Exeter Hospital	01392 411611
Samaritans (24 hour free phone)	116123
Sands School	01364 653666
Social Services	0100.00000
Adult & Community Services	0845 1551007
South Dartmoor Community College	01364 652230
Stagecoach	
Newton Abbot/Totnes	01803 664500
Exeter/Plymouth	01392 427711
Teignbridge District Council	01626 361101
Torbay Hospital	01803 614567
Train information	0845 748 4950
Vet (Dart Vale)	01364 652376
Water (South West Water Ltd)	0344 346 2020
-	



Check the local weather forecast for warnings of icy or snowy weather. Do not drive in these conditions unless your journey is essential. If it is, take great care and allow more time for your journey. Take an emergency kit of de-icer and ice scraper, torch, warm clothing and boots, first aid kit, jump leads and a shovel, together with a warm drink and emergency food in case you get stuck or your vehicle breaks down.

Before you set off

- you must be able to see, so clear all snow and ice from all your windows
- you must ensure that lights are clean and number plates are clearly visible and legible
- make sure the mirrors are clear and the windows are demisted thoroughly
- remove all snow that might fall off into the path of other road users
- check your planned route is clear of delays and that no further snowfalls or severe weather are predicted

When driving in icy or snowy weather

- drive with care, even if the roads have been treated
- keep well back from the road user in front as stopping distances can be ten times greater than on dry roads
- take care when overtaking vehicles spreading salt or other de-icer, particularly if you are riding a motorcycle or cycle
- watch out for snowploughs which may throw out snow on either side. Do not overtake them unless the lane you intend to use has been cleared
- be prepared for the road conditions to change over relatively short distances
- listen to travel bulletins and take note of variable message signs that may provide information about weather, road and traffic conditions ahead

www.gov.uk/guidance/the-highway-code



CONTINUED FROM PAGE 89

MONDAYS

Every Monday 11-11.45am Moor Social Telephone Group: Crossword with Jenny. Call 01364 712013 for details of how to join in.

Every Monday 2.30-4pm

Ashburton Food Bank at St Petroc's Cottage (opp.Ashburton Surgery). Free delivery for those who can't get to the Food Bank - please leave a message on 07767 453844.

Every Monday 2.30-3.15pm

Moor Social Telephone Group: Brenda's Quiz on the Phone. A gentle quiz just for fun. Call 01364 712013 for details of how to join in.

Every Monday 4-5pm

Ashburton Children's Community Choir for 6-11 year olds. £3. Andy 07980 680052.

1st Monday of the month 7.30pm

Ashburton RBL meeting. RBL Hut. All welcome. Martyn Brooks 07771 520621.

1st & 3rd Monday of the month 1.30-3.30pm KnitKnuts - Ashburton Town Hall.

Sarah Kehaya. 07531 227622.

2nd Monday of the month 2-4pm

Spring Chicken Group. St Andrew's Church Hall. Sally Rhodes 07799 414441.

TUESDAYS

Every Tuesday 8-9.30pm

Ashburton Community Choir. All welcome. £4-£5 or what you can afford. Andy on 01364 653603 or email asw@bigbuzzard.co.uk.

Every Tuesday (term time only)

Ashburton Rainbows (4.45pm) and Ashburton Brownies (6pm) meet at St. Andrew's Church Hall. Jacqui Bartram 07989 849741.

1st Tuesday of the Month 10.30-12

Ashburton Memory Cafe. St Andrew's Church Hall. Suggested donation £3. Contact Moorland Community Caring 01364 712013.

1st Tuesday of the month 2pm (except August) 2nd Tuesday of the month in December Ashburton W.I. meeting. St. Andrew's Hall. Everyone welcome to join. Maureen Roose 01364 652420.

1st & 3rd Tuesday of the month 2.30-4pm

Moor Social, Bovey Tracey. Afternoon Tea at Phoenix Hall. Suggested donation £4. Call Katie 07495 243494.

2nd, 3rd & 4th Tuesday of the Month 10-12

Methodist Church in the Community - Cafe and Market at St Andrew's Church Hall. Variety of stalls including Fairtrade, books, crafts, etc. Something for all ages! Refreshments available. Norma Carpenter 01364 653517.

4th Tuesday of the month 2.15-4pm (except July and Dec) u3a General Meeting. Ashburton Town Hall. Refreshments 2.15, talk 2.30. Members free, non-members £4. Jayne 01364 654008. u3asites.org.uk/ashburton

WEDNESDAYS

Every Wednesday 10am Baby Group. St Andrew's Church Hall. Mums, Dads, Babies all welcome. Jane Ashton 07850 974286.

Every Wednesday 2-4pm (weather permitting) Growing Space Community Garden (behind RBL Hut) Sarah Kehaya 07531 227622.

Every Wednesday 7.30-9.30pm

Incon Singers 4 part harmony choir. St Lawrence Chapel. Any interest in joining please call Jane 07818 844346.

1st Wednesday of the month 10am-12

Ashburton Library 'Knit and Yarn'. All welcome, bring knitting/crochet, enjoy coffee/chat.

1st & 3rd Wednesday of the month 12-2pm

Moor Social, Buckfastleigh Soup and Pudding Club. Suggested donation £5. St Luke's Church, Plymouth Rd. Buckfastleigh. Contact Moorland Community Caring 01364 712013.

2nd Wednesday of the month 7.30pm

Ashburton & District Garden Association. Talk at St. Andrew's Church Hall. All welcome. Martin Woollacott 01364 652073.

2nd & 4th Wednesday of the month 12-2pm

Moor Social Ashburton. Afternoon Tea. Ashburton Town Hall. Suggested donation £4. Contact Moorland Community Caring 01364 712013.

2nd & 4th Wednesday of the month 2-4pm Ashburton Textile and Stitch, St Lawrence Chapel. All levels of ability welcome. More info from Wendy Major. 01364 653533.

THURSDAYS

Every Thursday 10-11am

Ashburton W.I. Keep Fit. Town Hall. Non members most welcome. Meg 01364 652688.

Every Thursday 10.30am to 12pm

Ashburton Community Folk Orchestra, Ashburton Arts. All acoustic instruments and different levels of ability welcome. David Faulkner 07967 121985.

Every Thursday 2.30-4pm

Ashburton Food Bank at St Petroc's Cottage (opp.Ashburton Surgery). Free delivery for those who can't get to the Food Bank - please leave a message on 07767 453844.

Every Thursday 7.30pm

Alcoholics Anonymous Ashburton at St. Lawrence Chapel.

Every Thursday 8pm

Ashburton Singers. The Studio, Ashburton Arts Centre. More info: 01364 654033.

1st Thursday of the month except August.

Ashburton Pensioners' Association Social Meetings. St. Andrew's Church Hall, 2.30pm. New members and guests always welcome. Gill Sheridan 01364 653384.

3rd Thursday of the month 7.30-9.30pm

AWOL (Ashburton Women Out Late). Chat, learn, make new friends, share laughter. £5 inc. refreshments. Jane Billing 01364 653068.

FRIDAYS

Every Friday 9-11.30am Hedgehogs Group for parents/carers/toddlers. St. Andrew's Church Hall. Snacks for children, breakfast for adults. Denise 07454 386557.

Every Friday 10-11am

Ashburton W.I. Keep Fit. Town Hall. Non members most welcome. Meg 01364 652688.

Last Friday of the month Film screening at Ashburton Arts. ashburtonarts.org.uk

SATURDAYS

Every Saturday 10-12pm (weather permitting)Growing Space Community Garden (behind RBL Hut) Sarah Kehaya 07531 227622.

Every Saturday 1-2.30pm

Alcoholics Anonymous, Ashburton at St Lawrence Chapel. Frank 01364 654977.

1st Saturday of the month 10am-1pm

Ashburton Repair Cafe. St Andrew's Church Hall. West Street, Ashburton.

SUNDAYS

Every Sunday 10.30am Quaker Meeting, Quaker House, Foales Court, off North St. Ashburton. Refreshments afterwards. All welcome. Jacqueline Wilding-White 01364 621266.

1st Sunday of the month 10.30am

Methodist Morning Worship. Ashburton Town Hall. Sarah Kehaya 07531 227622.

2nd Sunday of the month - Methodist

Worship Alternates: Informal Worship 10.30am, Town Hall, OR Moor Church, outdoors, 2pm - contact Sarah Kehaya 07531 227622 to confirm or see FB.

2nd Sunday of the month 3.30 - 5.30pm

East Dartmoor Knitters. Coljan, Ashburton. Bring knitting or crochet project to work on. Lovely bakes on sale. Terri 07595 736489.

3rd Sunday of the month 6.30pm

Methodist Celtic Reflective Service. St Petrocs, Ashburton. Sarah Kehaya 07531 227622.

4th Sunday of the month 9.30am

Methodist Breakfast Church, St Andrew's Hall, suitable for all ages. Croissants, muffins, coffee, music, activities and conversation. Sarah Kehaya 07531 227622.

5th Sunday of the month

Mission Community United Service. Methodist/ Church of England. Contact Sarah Kehaya on 07531 227622 for details of venue and time.

INDEX OF ADVERTISERS

Acupuncturists		Carpets / Flooring		Faith Groups	
Rob Long	49	Vince Thorne 67		Ashburton Quakers	69
Nicola Renovich	2	Chimney Sweeps Financial Services		Financial Services	
Antiques		A.J. Gibbons	39	Bob Burch	71
In a Nutshell	45	Ashburton Chimney Sweep	83	Floor Sanding	
Architects		John Read 27		lan Mansfield	
Hugo Davies	3	Chiropodists / Podiatrists		Funeral Directors	
VESP	40	Rosemary Targett	17	Christophers Family Funerals	51
Architectural Designers				Heart & Soul Funerals	95
your home design	19			Furniture Restoration	
Beauty Salons		Tracey's Cleaning Services			67
The Haven	48	Coal Merchants		Garages / Tyres	
Benefits		A.J. Gibbons 39		Ashburton Tyres	55
Attendance Allowance	9	Complementary Healthcare		Garden Services / Machinery	
Books		Jenny Allinson	49	Acorn Garden Maintenance	77
Patrick Pollak	15	Virginia Compton	49	AGM Garden Machinery	11
The Green Hill Sophie Pierce	14	The Haven	48	Fine Turf	77
Builders / Property Maintenance		Judith Peplow Vortex Healing	2	Hedgelaying / Farm Work	11
2M Construction	43	Computer Services		PGS Garden Maintenance	10
Joe Bellows & Associates	79	Dartmoor PC 47 Red Earth		Red Earth	76
A F Brown & Sons Ltd	22	lan Gunter	47	Skye Bond Garden Design	11
DJ Guppy & Sons	31	Country Stores		South Devon Gardens	73
MB Builders	23	Tuckers	54	The Pollinator Gardener	73
Tony Stepney	39	Dance Classes		Gifts	
Steven Wotton	29	Totnes School of Dance	12/66	Ashburton Post Office	5
Butchers		Dentists / Denture Repair	S	Dean Forge	25
Dartmoor Butchers	75	Devon Dental	35	Furzeleigh Mill	57
Café / Tea Rooms		Domestic Appliance Repa	airs	Scott's Chainsaw Carvings	27
Rainbow Electric Motorbike Co	55	IR Davidson	23	Hairdressers	
Singing Kettle Buckfastleigh	59	Driving Instructors		Buckfast Barbers	21
Taylors Tea Room Ashburton	7	Ed Greensted	31	Moor Hair	13
Car Service / Repairs		Earwax Removal		Handyman Services	
Ashburton Tyres	55	Devon Ear Care	17	Dartmoor Handyman	3
Carers / Home Help		Electrical Sales & Rental		Heating Services	
Fi Daly	13	J Searle & Son	80	Ashburton Stove & Flue	61
Moorland Community Caring	41	Don Distin	27	Doug Bacchus	51
R&H	16	Heritage Electrical 19 Dean Forge		Dean Forge	25
Rowcroft	32	MG Electricial 6 MH Perry		MH Perry	43
Carpenters / Joiners		Estate Agents		Mike Ruth	22
Crystal Woods	62	Howard Douglas	33	Tonepohl Plumbing & Heating	54
Woodland Kitchens & Joinery	79	Modern Move	36		
Carpet Restorers		Sawdye & Harris	70		
Doris Hewitt	67				

INDEX OF ADVERTISERS

A SHARE WELL SHOULD SHO		MICHELLAND CO.		
Holidays / Self-catering		Physiotherapists		Teachers
Furzeleigh Mill Buckfastleigh	57	Ashburton Physio	17	Old School Tui
Helpful Holidays	58	Piano Teachers		Amanda Satu
North Mill Ashburton	85	Theresa Scoble	13	Telecommun
Waterleat Farm Ashburton	85	Pilates		Wildanet
Hospices		Faith Burch	21	Tourist Attrac
Rowcroft	32	Plumbers		Buckfast Abbe
Husbandry		Doug Bacchus	51	River Dart Ad
The Husbandry School	12	MH Perry	43	Tree Surgeon
Interior Designers		Mike Ruth	22	Sam Hall
Interiors.family	40	Tonepohl Plumbing & Heating	54	Website Des
Legal Services		Post Offices		AT Creative
Francis Parffrey	69	Ashburton Post Office	5	Screenwyse
Locksmiths		Printers		Wedding Ver
asap locks	23	Deltor	29	Sharpham Ho
Ashburton Glass and Locks	29	Property Clearance		Weight Loss
Teignlocks	26	Brown Brothers Clearances	6	Slimming Wo
Logs		Psychotherapists		Will Writers
Dean Forge	25	Stephen Tame	21	Will Writers Se
Man and Van		Pubs / Restaurants		Youth Clubs
Ingsdon Man & Van	26	Furzeleigh Mill Buckfastleigh	57	BYP
Marquee Hire		Reflexologists		
Marldon Marquees	81	Julie Boxall	17	(When a
Meal Delivery		Repair, Restore, Sharpen		adverti
Devon Farm Kitchen 75		Ashburton Repair Café 8/41/50/58		
Motorbikes		Roofers		tell t
Rainbow Electric Motorbike Co	55	ACW Roofing Ltd	26	found
Paint Suppliers		Schools		4.0
The Paint Mixer Ltd	44	Landscove Primary	63	AR
Painters & Decorators		Moretonhampstead Primary	63	ASH1
Neil Edmunds	31	Ilsington Primary	63	
Lloyd Decoration	23	Widecombe Primary	63	Tha
Dave Potter	26	Social Media		
Chris Wallis	27	AT Creative	28	DISCLAIMER: All n
Pest Control		Solicitors		Around Ashburtor Around Ashburtor
PCM Pest Control	76	Beers LLP	9	for any errors or o
Pet Care / Services		Stoves		endorse any comp services that appe
Awareness with Horses	78	Ashburton Stove & Flue	61	material is accepte
Lead The Way	65	Dean Forge	25	understanding the publishers cannot
Sarah's Pet Sitting Services	65	Surveyors		views expressed b
Urban Paws	65	Devon Survey	43	accuracy of claims The distribution ar
Photographers		Takeaways		discretion of the p
AT Creative	28	Rainbow Electric Motorbike Co	55	publication may b

eachers Old School Tuition Maths, Physics 28 manda Saturley French 12 elecommunications Vildanet 47 ourist Attractions Buckfast Abbev 96 River Dart Adventures 66 ree Surgeons Sam Hall 73 Vebsite Design T Creative 28 28 Screenwyse **Vedding Venues** Sharpham House 81 Veight Loss Consultants Slimming World 59 Vill Writers Vill Writers Services 51

> When contacting advertisers please tell them you found them in

20/60

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LOCAL CLUBS & ORGANISATIONS

ABC Children's Centre. Buckfastleigh 01626 835612

Ashburton Army Cadet Force Danny Andrews 07918 857130

Ashburton Arts

Andy Williamson 01364 653603 andy@ashburtonarts.org.uk

Ashburton Association Football Club

Tony Lewis 07977 906888 **Ashburton Badminton Club**

Zac Nashed 07957 202936

Ashburton/Buckfastleigh Hospital League of Friends

leagueoffriends2022@hotmail.com

Vice Chair Sheila Rzepka: sheilarzepka@gmail.com Ashburton/Buckfastleigh Macmillan Fundraising Ian Pickvance 01364 653500 (Find us on facebook)

Ashburton Chamber of Trade

Nigel Ward actashburton@gmail.com Ashburton Climate Emergency (ACE)

AshburtonCE@gmail.com Ashburton Conservative Club

01364 652229

Ashburton Cricket Club

Chris Yeo 07736 043137

Ashburton & District Garden Association

Martin Woollacott 01364 652073

Ashburton History & Preservation Society

Brian Lewis 01364 652768

Ashburton Library

0345 155 1001

Ashburton Memory Café

Richard Handley 07767 328686

Ashburton Pensioners' Association

Gill Sheridan 01364 653384

Ashburton Probus Club

Laurie Frediani 01364 388034

Ashburton Rainbows and Brownies

Jacqui Bartram 07989 849741

ashburtonbrownies@outlook.com

Ashburton Repair Cafe

07761 045146

Ashburton Rollers

Deborah Sterling 01364 654944

Ashburton Singers

Bridget Ansell 01364 654033

Ashburton Swimming Pool

01364 641094

Ashburton Tennis Club

Angie Watson 07818 234804

Ashburton Twinning Association

Tony Lewis 07977 906888

Ashburton U3A

Diane Rees (Chair) 07714 381437

Ashburton Women's Institute

Lvn Whittaker 01364 653644

Badminton Club (Ashmoor, Ashburton) Belinda Harper 07800 796968

Bank Youth Project

Alison Irens 07412 867238

Barn Owl Trust

Reception 01364 255256

Buckfast Residents' Society

01364 643912

Dart Computer Club

www.dartcomputerclub.org.uk.

District of Ashburton Surgery Helpline (DASH)

01364 653335

Growing Space Community Garden (Ashburton)

Sarah Kehava 07531 227622

Guild of St. Lawrence

Brian Lewis 01364 652768

Hedgehogs Parent & Toddler Group

Facebook: Hedgehogs playgroup, Ashburton

InCon Singers

Jane 07818 844346

Moorland Community Caring

Suzy Williamson 01364 712013

Rotary Club of Ashburton and Buckfastleigh

Diana Fitch 01626 437308

Royal British Legion

Martyn Brooks 07771 520621

South Dartmoor Cycling Club (ages 10 to 17)

southdartmoorctc.org.uk.

SSAFA

Anthony Purnell 07483 170351

South Devon Alpine Garden Society

Ian Samuel 07940 372954

The Wool Hub, 1a Fore St., Buckfastleigh

Noni Mackenzie 07800 734270

Ashburton Textile and Stitch

Wendy Major 01364 653533

Widecombe History Group

Rosemary Mortimore 01364 631238

Woodlanders Pre-School

01364 652181

admin@woodlanderspreschool.co.uk

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